

Alexander's
Brasserie
Rufford Arms Hotel @The

Lunch Menu Monday To Saturday

Starters

Soup of the day [Gluten Free]

Freshly prepared served with home baked bread roll

£4.99

Seafood Tian

Smoked trout & herb mousse layered with prawns bound in a citrus mayonnaise, topped with smoked salmon & ribbons of cucumber, served with brown bread & butter

£5.99

Black pudding & Lancashire cheese fritter

Served with dressed leaf, balsamic reduction & a red onion chutney

£5.99

Chicken liver pate

Homemade pate with chef's own recipe chutney & homemade toasted brioche

£5.99

Thai fishcakes

Fragrant Thai spiced fishcake, served with sweet chilli dressing and Asian salad

£5.99

Goats cheese bruschetta

Toasted ciabatta topped with fresh tomatoes, garlic & basil, finished with glazed goat's cheese, served with an olive & rocket salad

£5.99

Thai chicken

Sauté strips of chicken breast with Thai spices & coconut cream sauce, served with rice. Or as a main course £9.99

£5.99

Melon Assiette

Melon Assiette served with a mango, pineapple and passion fruit compote

£5.99

Whitebait with Lemon Crème Fraiche

Whitebait, dusted with paprika flour simply fried, served with a fresh citrus dip

£5.99

Beef bolognese arrancini

Braised Arborio risotto with beef bolognese, coated in golden bread crumb & deep fried, served with a rich tomato Napoli sauce, basil pesto & rocket salad

£5.99

Garlic mushrooms

Sautéed garlic mushrooms finished in a cream sauce, served on a toasted croute finished with spring onion & chives

£5.99

Main Courses

Tarragon chicken

Sautéed strips of chicken with shallots, peas & cherry tomatoes with a tarragon cream sauce, finished with a timbale of rice

£9.99

Slow braised beef & mushroom pie

Slow braised beef pieces with mushrooms, smoked bacon & herbs. Topped with a puff pastry lid, served with seasonal vegetables and hand cut chips

£9.99

Dry cured 10oz gammon steak

Topped with either pineapple or fried egg, served with hand cut chips & house salad. Enjoy both

egg and pineapple for £1 supplement

£9.99

Pork fillet medallions

Pan fried pork medallions with a cider, apple and sage sauce, served with roasted new potatoes. Finished with seasonal vegetables

£9.99

Oven roasted salmon supreme

Presented on crushed potatoes topped with a smoked salmon & watercress sauce. Served with seasonal vegetables

£9.99

Seafood fettuccine

Cod, salmon & prawns cooked in a white wine cream reduction finished with peas, spring onion and fresh herbs bound together with fettuccine pasta

£9.99

Grilled plaice fillet

Served with a sauté of prawns, shallots, capers & dill, finished with lemon & buttered new potatoes, finished with seasonal vegetables

£9.99

Beer battered haddock & chips

An old favourite served with hand cut chips & mushy peas

£9.99

Red pepper & cashew nut stir fry

Wok fried with oriental sauce tossed with pak choi, coriander & noodles *contains nuts

£9.99

Mediterranean vegetable linguini

Balsamic roasted Mediterranean vegetables tossed with linguini pasta, finished with a rich Napoli sauce, topped with dressed rocket and parmesan salad

£9.99

Salmon Niçoise salad

Oven roasted salmon fillet served with seasonal leaves & a sauté of green beans, olives, cherry tomatoes & new potatoes, finished with herb dressing & topped with a poached egg

£9.99

Classic chicken Caesar salad

Sautéed strips of chicken Tossed with shredded baby gem lettuce, bacon lardons, parmesan shavings, croutons and Caesar dressing

£9.99

Minute steak & fries

(£1.50 supplement when taken as part of 2 course meal deal)

Pan seared sirloin minute steak topped with pepper sauce, served with fries & dressed salad

£10.99

Pan fried lamb's liver & bacon

Served with creamy mashed potatoes, finished with a rich onion gravy & seasonal vegetables

£9.99

Sandwiches & Ciabattas

Sandwiches

On either brown or white soft farm house bread with dressed salad garnish Choose one of the following fillings Cheese, tuna, prawn Marie rose or turkey

£4.99

Warm ciabatta-Brie and cranberry

Warm baked Italian bread ciabatta filled with melted brie & sweet cranberry sauce, served with a sprinkling of hand cut chips & dressed house salad

£7.99

Warm ciabatta-Hot roast beef & onion

Warm baked Italian bread ciabatta filled with roasted sirloin of beef served pink, with sautéed onions, served with a sprinkling of hand cut chips & dressed house salad

£7.99

Warm ciabatta-Bacon & Lancashire cheese melt

Warm baked Italian bread ciabatta filled with grilled back bacon covered in creamy Lancashire cheese, finished with spring onion, served with a sprinkling of hand cut chips & dressed house

salad

£7.99

Warm ciabatta-Cajun chicken

Warm baked Italian bread ciabatta filled with marinated Cajun chicken breast, roasted red pepper, coriander & lemon mayonnaise, served with a sprinkling of hand cut chips & dressed house salad

£7.99

Lite Bites

Seabass fillet

Pan fried seabass fillet served with a sauté of spinach, new potatoes, prawns & cherry tomatoes, finished with a lemon & caper dressing

£7.99

Chicken caesar salad

Sautéed strips of chicken tossed with shredded baby gem lettuce, bacon lardons, parmesan shavings, croutons and Caesar dressing

£6.99

Mediterranean vegetable linguini

Balsamic roasted Mediterranean vegetables tossed with linguini pasta, finished with a rich Napoli sauce, topped with dressed rocket and parmesan salad

£6.99

Red pepper & cashew nut stir fry

Stir fried red peppers, onions & cashew nuts in an oriental sauce, presented on bed of wok tossed pak choi & noodles, finished with coriander and spring onions

£6.99

Fish cake and fries

Cod, salmon, prawns & peas bound with potato & herbs, coated in breadcrumbs, finished with parsley sauce, fries and dressed salad garnis

£7.99

Served 12-2.30pm Monday to Friday 12-4.45pm Saturday Why Not Try The Meal deal Choose two courses starter & main or main and dessert for £13.99 Please note our dishes are cooked to order. Some dishes contain nuts and gluten. If you have allergies please advise our staff in order we can check ingredients for you before ordering