

Alexander's
Brasserie
Rufford Arms Hotel @^{The}

Lunch Menu Monday To Saturday

Starters

Soup of the day [Gluten Free]

Freshly prepared, served with home baked bread roll

£4.99

Seafood Tian

Prawns in a rich Marie-rose sauce, layered with cucumber, smoked trout & cream cheese, topped with smoked salmon & cucumber ribbons, with homemade wholemeal bread

£5.99

Cod, salmon and crab fishcake

Crisp fishcake served with a creamy parsley sauce topped with a poached egg

£5.99

Assiette of melon

A selection of seasonal melon served with passion fruit syrup and garnished with fruit

£5.99

Wild mushrooms

Sautéed wild mushroom with shredded butternut squash and roasted pomegranate, served on toasted brioche

£5.99

Grilled black pudding and chorizo

Sliced black pudding and chorizo served on a toasted crumpet, white onion puree and a red wine jus

£5.99

Whitebait with lemon crème fraîche

Whitebait, dusted with paprika flour simply fried, served with a fresh citrus dip

£5.99

Smooth chicken liver and Cognac pâté

Smooth liver pate served with our own homemade chutney & toasted bread

£5.99

Oriental duck stir-fry

Shredded confit duck tossed with egg noodles, julienne of vegetables and a

sweet oriental sauce topped with spring onions and coriander

£5.99

Goat's cheese bruschetta

Toasted ciabatta topped with fresh tomatoes, garlic & basil, finished with glazed goat's cheese pieces, served with an olive & rocket salad

£5.99

Thai chicken

Sautéed strips of chicken breast with Thai spices & coconut cream sauce, finished with coriander & lime, served with rice. Enjoy as a main course for £9.99

£5.99

Roasted fig and goat's cheese salad

Roast fig, croutons & leaf salad, topped with glazed goat's cheese, finished with herb oil

£5.99

Deep fried brie

Brie cubes coated in bread crumbs, served with dressed salad and a rich Cumberland sauce dip

£5.99

Main Courses

Chicken chasseur

Butterflied chicken breast in a tomato and mushroom sauce finished with tarragon and served with sautéed potatoes & seasonal vegetables

£9.99

Slow braised beef and mushroom pie

Slow braised beef with mushrooms in a rich gravy topped with a puff pastry lid served with hand cut chips & seasonal vegetables

£9.99

Dry cured 10oz gammon steak

Topped with either pineapple or fried egg, served with hand cut chips & dressed house salad. Enjoy both egg and pineapple for £1 supplement

£9.99

Pork stroganoff

Pan seared pork fillet medallions in a creamy stroganoff sauce finished with mushrooms, French mustard and paprika served with a timbale of rice

£9.99

Minute steak & fries

(£1.50 supplement when taken as part of 2 course meal deal)

Pan seared sirloin minute steak topped with pepper sauce, served with fries & dressed salad

£9.99

Oven roasted salmon supreme

With a roasted cherry tomato ragu finished with prawns, served with Italian roast potatoes & seasonal vegetables

£9.99

Seafood linguini

Cod, salmon & prawns cooked in a white wine cream reduction finished with peas, spring onion and fresh herbs bound together with ribbon pasta

£9.99

Beer battered haddock & chips

An old favourite served with hand cut chips & mushy peas

£9.99

Grilled plaice fillet

Served with a parmesan & lemon butter, served with new potatoes & seasonal vegetables

£9.99

Poached salmon salad

Poached salmon sat upon a seasonal mixed leaf salad with new potatoes, dressed with a lemon mayonnaise

£9.99

Classic chicken Caesar salad

Sautéed strips of chicken tossed with shredded baby gem lettuce, bacon lardons, parmesan shavings, croutons and classic Caesar dressing

£9.99

Sandwiches & Ciabattas

Sandwiches

On either brown or white soft farm house bread with dressed salad garnish Choose one of the following fillings Cheese, tuna, prawn Marie rose or turkey

£4.99

Warm ciabatta-Brie and cranberry

Warm baked Italian bread ciabatta filled with melted brie & sweet cranberry sauce, served with a sprinkling of hand cut chips & dressed house salad

£7.99

Warm ciabatta-Hot roast beef & onion

Warm baked Italian bread ciabatta filled with roasted sirloin of beef served pink, with sautéed onions, served with a sprinkling of hand cut chips & dressed house salad

£7.99

Warm ciabatta-Bacon & Lancashire cheese melt

Warm baked Italian bread ciabatta filled with grilled back bacon covered in creamy Lancashire

cheese, finished with spring onion, served with a sprinkling of hand cut chips & dressed house salad

£7.99

Warm ciabatta-Cajun chicken

Warm baked Italian bread ciabatta filled with marinated Cajun chicken breast, red onion and peppers with mayonnaise, served with a sprinkling of hand cut chips & dressed house salad

£7.99

Lite Bites

Seabass fillet

Served on a bed of sautéed potatoes, green beans, cherry tomatoes and prawns, finished with herb oil

£7.99

Chicken caesar salad

Sautéed strips of chicken tossed with shredded baby gem lettuce, bacon lardons, parmesan shavings, croutons and Caesar dressing

£7.99

Cod, Salmon and crab fishcake & fries

Crisp fishcake served with a parsley white wine cream sauce, fries and dressed salad

£7.99

King prawn skewer and crayfish chow mein

Grilled king prawns skewer served on a bed of egg noodles, with julienne of vegetables and crayfish tails served with an oriental sauce and finished with coriander

£7.99

Roasted fig and goat's cheese salad

Roasted fig, herb croutons & herb leaf salad, topped with glazed goat's cheese, finished with herb oil

£7.99

Fish Goujons Sandwich

Lightly beer battered fish goujons served in a brioche bun with tartar sauce, hand cut chips and salad

£7.99

Served 12-2.30pm Monday to Friday 12-4.45pm Saturday Why Not Try The Meal deal Choose two courses starter & main or main and dessert for £14.50 Please note our dishes are cooked to order. Some dishes contain nuts and gluten. If you have allergies please advise our staff in order we can check ingredients for you before ordering